



HOLLY LODGE  
FOREST CARE

# Newsletter

Winter 2022

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## Home & Residents News

Read about our home updates & get to know one of our residents.

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## Staff News & Achievements

Learn a bit more about our staff and what they've achieved

## Welcome to Holly Lodge

Winter is almost behind us and spring is soon to bring warmer weather and flowers to bloom. We can also look forward to a lot of activity in our home. Residents and staff have a lot of plans to support the Queen's Jubilee celebrations... including tree planting, cake baking and of course a street party or two!

I'd like to take this opportunity to thank all of the relatives of residents who continue to support and trust us in delivering person-centered care to all of our wonderful residents. As well to our dedicated and passionate staff whose teamwork and caring nature is unwavering.

Finally, we look forward to seeing you all more regularly as we safely lift visiting restrictions in line with government guidance. With warmer weather coming, we are also looking forward to hosting more outdoor events for all to enjoy. So grab a cuppa and find a comfy spot to sit while you enjoy this newsletter filled with activity, events and news about Holly Lodge.

**Rico Bustamante**, Home Manager at Holly Lodge







## Have You Met Claude?

Claude has joined the Holly Lodge team as our Handyman. Claude helps with fixing things and making sure our home runs smoothly. This involves ensuring that any maintenance/repair works are carried out promptly and efficiently with minimum disturbance to all our lovely residents.



### Social Media

Want more regular updates from the activities in our home? Follow us on Facebook for regular updates about our activities and events.

### Holly Lodge Homemade Honey

Don't forget that you can buy Holly Lodge honey. It's only £5 a jar, cultivated in our own gardens and tastes delicious!



### The Queen's Green Canopy

Holly Lodge is joining the nation in planting trees for the Queen's Green Canopy campaign.

The Queen's Green Canopy (QGC) is a unique tree planting initiative created to mark Her Majesty's Platinum Jubilee in 2022 which invites people from across the United Kingdom to "Plant a Tree for the Jubilee."

For more information, visit:  
[www.queensgreencanopy.org/](http://www.queensgreencanopy.org/)



## Resident Profile



### Molly Petruschke

Molly joined the Holly Lodge family in 2019 and has always been one of the most sociable residents. She can always be found joining in with the latest activities and is first up to dance when we host our live music.

Molly grew up as an only child in Sussex and trained as a hairdresser in her late teens, after which her career began.

It all changed when she fell in love with her husband, Heinz. They met after WW2 and married on the 14th August at the age of 19. Molly's father (who was a Chef in the Navy) proudly made their wedding cake. Soon after their nuptials, they relocated to Surrey to follow their passion for flowers.

At the height of their business, they owned 10 greenhouses in order to grow and sell daffodils, hyacinths, tulips and carnations

in Covent Garden. The hustle and bustle of the city market made Molly feel energised.

In 1970, when they closed down their nursery, they moved to Ash and Heinz chose to work at the Badshot Lea Garden Centre until he was 82.

On their 60th wedding Anniversary they got a telegram from the Queen and then they went on a cruise to the Mediterranean. On their return, they were welcomed back by friends and family who had organised a garden party for all their loved ones – a family event that is fondly remembered.

Molly and Heinz were family people and they welcomed to the world a son, who gave them 4 grandchildren, who have also provided Molly with a further 5 great-grandchildren.







**Words From Mark**  
**Director of Forest Care**

“As we enter 2022, I seem to remember saying last year that there can’t be many people who will not

be pleased to see the back of 2020. Unfortunately, I think the same applies to 2021!

This year does start though with the prospect of better times ahead and without wishing to tempt fate, while Covid is still very much with us, it does seem that the new normality of “living with Covid” is very close now.

We do not yet know what that means for care homes of course. Government support with things like PPE is due to end in March along with the lifting of all legal restrictions. Perhaps that will signal a further lifting of restrictions for care homes and enable people to come and go freely again? I think we have all forgotten what that was like, but given where we have been over

the past couple of years, it is badly needed again now.

In the meantime, we continue to try and make life as normal as possible for our residents and to facilitate visiting as much as the guidance, and “outbreaks”, permit. I hope you enjoy our latest newsletter therefore which highlights the many varied, and often innovative, activities that take place every day.

As ever, a big “thank you” again to all our staff who make all this happen and who continue to rise to the challenge in the face of everything that is thrown at them. An equally big “thank you” to all our relatives for your continued support and understanding and let’s hope for a much happier 2022!”

**Visiting**



Our favourite part of our day is when loved ones visit residents, whether it’s to enjoy a cuppa, play a board game or to simply have a chinwag in the covid-safe visiting room.





# == New Years Eve at Holly Lodge ==



On New Years Eve our residents and staff gathered in the lounges to watch firework displays, enjoy a tipple or two and of course there was lots of music as well!





# — Christmas at Holly Lodge —



Yep, you heard us... Christmas! Our festivities throughout December didn't fail to spread a smile or two... Or three! From photo ops and live music to pamper days and Santa visits, our residents enjoyed many Christmas traditions and spent lots of quality time together. We can't forget all the delicious meals and dining experiences!





## Tree Decorating



## Christmas Raffles



## Presents for All



## Festivities

We hope you enjoy this gallery of festive cheer as much as we fondly remember our celebrations.





# Life at Holly Lodge



## Pamper Days

Having our own hair salon means we can have as many pamper days as we like.



## Gardening

We have started our 2022 gardening using the raised flower beds in our gardens. Watch this space for what we successfully grow!

## Bingo

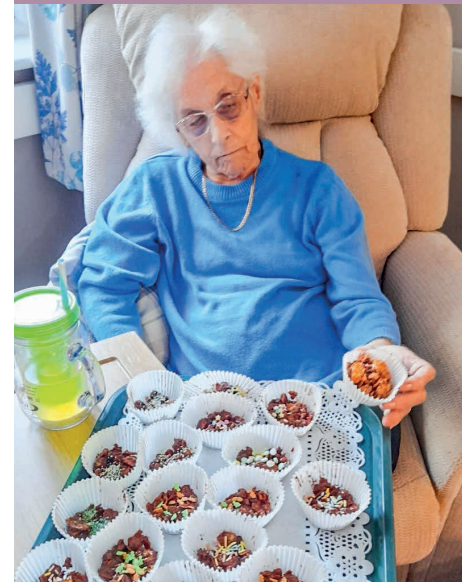
Bingo is a popular group activity we host every week. Residents enjoy chatting while playing and of course the prizes!



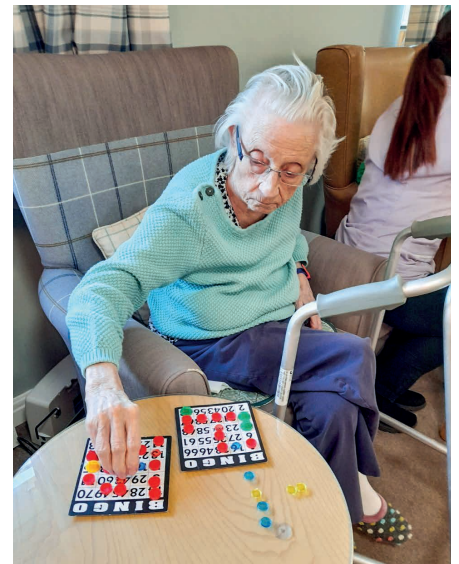
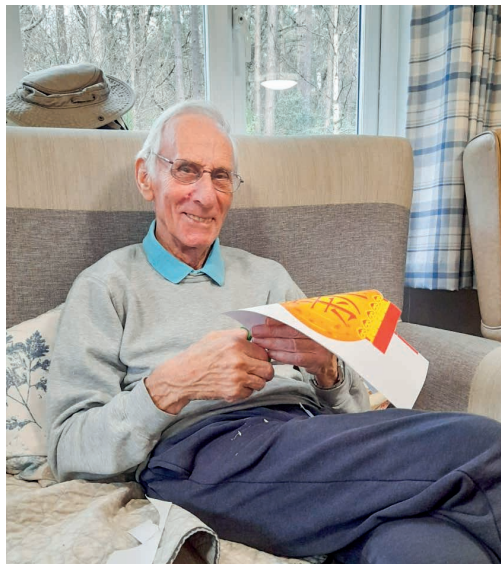
## Fashionable Crochet!



## Crispy Cake Making





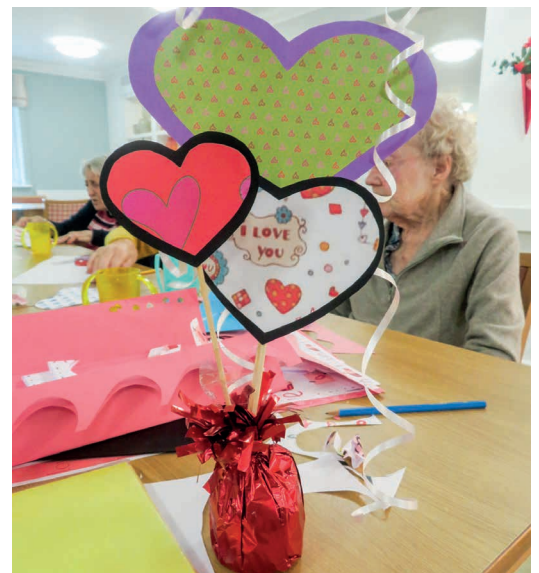


From arts and crafts and bingo to celebrating Chinese New Year, our residents enjoy their choice of activities along with a variety of themed days... Just for a bit of fun!



## Valentine's Day

We're feeling the love while preparing for Valentine's Day here at Holly Lodge.





# Staff News & Achievements



## Well Wishes from Holly Lodge

Everyone at Holly Lodge hopes you enjoyed a very Merry Christmas and can look forward to happier times in 2022.



## CONGRATULATIONS TO...

Anusha Limbu who has welcomed a beautiful baby girl to the world. Everyone at Holly Lodge wishes you and your baby very well... we can't wait to meet her!

Congratulations to Anjana Thapa and Trishala Limbu, who have been promoted to Senior Carers.



We're delighted to introduce you to Siobhan Davies, and Kavita Roopun who joined the Holly Lodge team.





## Staff Profile

### Maria De Santo Antonio Lourenco Martins Ramos

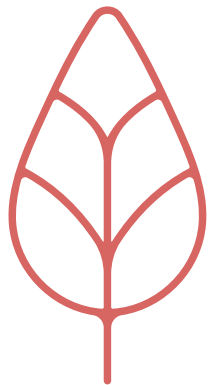
... Yes that is her full name!

Maria has worked in our laundry team at Holly Lodge for over 11 years! She is incredibly proud to work at the care home, she loves her job and enjoys reassuring the residents, helping them with their laundry needs and stopping for a chat whenever possible.

She considers Holly Lodge as her 2nd home and thrives on the rapport she has with all the staff.

**Tell us something about yourself others may not know...**

I have a degree in Tourism and started as a tour Bus Guide for the agency Abreu in Spain. I then secured a job as a Flight Attendant for Iberia Airlines and worked there for over 20 years. I love to travel so it was the perfect job for me. I now have a beach house in Spain so I can enjoy swimming in the warm sea and watching magnificent sunsets on every holiday.



## Feedback Corner

“My sisters and I are very happy with Holly Lodge and the care they provide to our Father. It is a very clean, inviting environment. The staff are just wonderful, they care for Dad’s physical needs and also his mental well being. Some staff members have friendly banter with Dad which brightens his day. The management team of this care home should be commended for the efficient and caring way the home is operated”

Daughter of Resident, [carehome.co.uk](https://carehome.co.uk)



Review Score  
on [carehome.co.uk](https://carehome.co.uk)

Regulated by



Inspected and rated

Good



### YOU'RE INVITED TO REVIEW

Please visit  
[carehome.co.uk](https://carehome.co.uk)  
to leave a public review.





## Chef's Seasonal Recipe Traditional Devon Cream Tea

### Ingredients

900g Large  
Strawberries halved  
to serve  
Clotted Cream

### Strawberry Conserve

900g small  
strawberries  
900g sugar  
1 lemon juiced

### Scones

450g Self-Raising  
Flour  
1.4 Tsp Salt  
100g cold butter in  
cubes  
70g caster sugar  
300ml Buttermilk  
1 Tsp Vanilla Essence

### Method

#### Strawberry Conserve

Place strawberries with sugar into a bowl; add the lemon juice, cover and leave to stand overnight. Next day, transfer the fruit and sugar to a pan, bring slowly to the boil and simmer for 5 minutes. Pour back into the bowl, cover and leave again for another day.

Finally, transfer to a preserving pan, bring to the boil and simmer until setting point is reached - this takes about 10 minutes. Remove from the heat and leave to cool a little. Stir once more to distribute the fruit evenly and pour into prepared hot sterilised jars and cover immediately.

#### Scones

Preheat the oven to 220°C.

In a large bowl rub together the flour, salt and butter until you get a fine breadcrumb consistency. Stir in the caster sugar. Pour the buttermilk and vanilla in a microwaveable bowl and heat for 30 seconds then pour into the flour. Mix with a knife then bring together with your hands into a soft dough. Place the dough on a floured surface, shape into a round, about 4cm thick and stamp out 8 scones using a 4cm cutter.

Place the scones on the baking tray, glaze with milk and bake for 10 minutes.

Let the scones cool slightly before splitting the scones with your hands and serving with strawberry conserve and clotted cream.



**ELM LODGE**  
FOREST CARE

Construction continues on Elm Lodge, the 5th Forest Care home. We hope to open the doors of the new luxury residential care home in Hartley Wintney in Spring 2023! Here is a sneak peek of the design.



## Holly Lodge

Award-winning Specialist  
Dementia Care Home  
Frimley Green, Camberley  
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## GET IN TOUCH

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