



# FOREST CARE

## **Breakfast Menu**

Your choice of cereals

Cornflakes, Frosties, Rice Krispies, Fruit & Fibre, Weetabix or Muesli.

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Fruit of your choice

Prepared Fresh Fruit, Grapefruit or Prunes

Porridge

Served as it comes or with honey, whiskey or sultanas & coconut.

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A full English breakfast is available on Request

Grilled Bacon, Fried, Boiled, Poached or Scrambled Eggs, Grilled Sausage,  
Tomato, Mushrooms, Baked Beans.

Filled Roll of your choice

Bacon, Bacon & Egg or Sausage

Poached or Grilled Kippers

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Toast & Preserves

Sliced white or brown with fruit jams, marmalade or marmite, flora or butter

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Fruit juice, tea, coffee or hot chocolate



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## **Lunch Menu**

Roast Turkey with Sage and Onion Stuffing and Cranberry Sauce

Vegetarian Nut Roast Slice

Seasonal Vegetables and Potatoes

Red or White Wine

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Layered Lemon and Lime Mousse

Fruit juice, tea, coffee

## **Evening Supper Menu**

Soup of the Day

Choice of Sandwiches

Cheese and Ham Toasties

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Chocolate Eclair

Cake Selection

All of our food is prepared at the time of ordering and to the highest possible standard, it is however prepared in a kitchen where gluten, nuts and dairy is present. For a complete allergen chart please ask a member of our staff. An Alternative menu is available should any of the daily meals not be to your liking. Our chef will be happy to cater for any special requests.

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