



HOLLY LODGE
FOREST CARE

Newsletter

Summer 2022



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Activities at Holly Lodge

Take a look at what we've been up to over the spring and summer months

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Platinum Jubilee Celebrations

Musicians, Singers and Tea Parties...find out how we celebrated the Queen's Jubilee!

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Resident Profile & Staff News

Learn a little more about our Residents & Staff

Welcome to Holly Lodge

Another opportunity for us to share the memories made by our Holly Lodge family within this summer 2022 newsletter.

We had a successful celebration of the Platinum Jubilee. A big thank you to Scots Guards Association Pipes and Drums (South) for providing uplifting music for everyone to enjoy.

I hope you enjoy this fun filled newsletter showcasing the many activities our residents enjoy. Our dedicated team continues to come up with new ideas that enhance the experience of our residents. Thank you to all the staff and families who made all of these possible.

To our lovely new residents, families and staff, a warm welcome to all of you. I hope you enjoy your stay with us.

Alarico Bustamante, Care Home Manager at Holly Lodge



It has been great to see normal life returning over the past couple of months with the advent of the new normal of "living with Covid".

That has been reflected in our homes where the activities and events that used to be a routine part of daily life have made a long-overdue and very welcome return. It makes such a difference to everyone.

It has also been great to see relatives and friends being able to visit our homes freely again, not least to join in with the recent Platinum Jubilee celebrations. This was the first opportunity for over two years

to hold events in the homes that relatives and residents could attend together, and I think we had all forgotten how nice it is to do that!

The summer months will bring more events and more opportunities to come together, which I hope you will enjoy along with our latest newsletter which continues to highlight all the lovely things that have been happening in our homes over the past couple of months. Once again, thanks to everyone who make it all possible.

Words from Mark Vickery, Director at Forest Care

Activities at Holly Lodge



Flower arranging and tissue paper flowers



Painting, ink stamping and stencilling



Flower Day to celebrate the Chelsea Flower Show!



Making bird feeders for the gardens



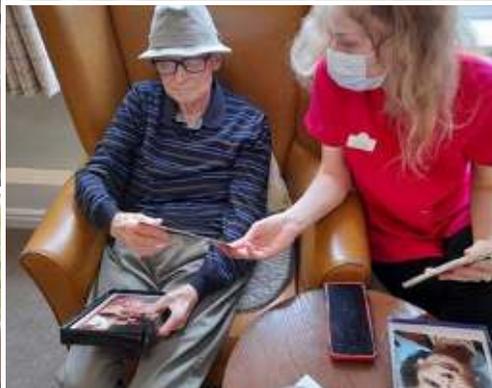
Knit and natter!



When the sun's out, we're out!



Musical exercise and dancing!



Activity table and chair yoga



Reading and reminiscence



Memory and indoor games

Activities at Holly Lodge



From Bingo, darts, puzzles and ball games, to reading and reminiscence, arts & crafts, dancing and music. There's always something to do and someone to spend time with at Holly Lodge!



Activities at Holly Lodge



Music, dancing and visiting entertainers!



Story telling and sing-a-longs



Sensory activities



Memory games

Platinum Jubilee Celebrations



A wonderful performance from Scots Guards Association Pipes and Drums (South)



We danced away to Lucy Jesse



Prop filled photo shoot!



Singing the national anthem



Celebrating with loved ones



Resident Profile - Mrs Theodora Hage



As a young girl Theodora studied piano and ballet and was a wonderful pianist. She followed ballet avidly and went many a time to ballet performances at the Royal Albert Hall. She also enjoyed opera and visited the opera house to see many performances.

Theodora had dogs throughout her life and did a lot of work conserving woodland areas in the Sandhurst area for all residents. When Theodora passed her driving test and got her first car, she did a mechanic course to learn how to repair and fix the car in case of a breakdown. She was very handy in helping her neighbours with car advice.

She loved to knit and knitted many dresses. She was taught to sew her own dresses, clothes and hats on a Singer sewing machine during the war years when materials were rationed.



Theodora could speak five languages and she started her working life at Selfridges as a translator within the shipping department. She progressed her career in business working at Unilever and travelled to the Middle East and Africa for Unilever. She was an avid water colour painter and was very active with Tai Chi exercise.

Theodora enjoyed having a National Trust membership and taking her mother and niece to visit stately houses during the summer months. She was an excellent swimmer and taught her niece Debbie to swim in the sea at Bournemouth. She liked to collect seashells. When she moved into Holly Lodge, her family discovered thousands of seashells in boxes in her home from all her many visits to the seaside.

Staff News & Celebrations



New Staff A warm welcome to our two new Carers - Anusha Galami Thapa Pun and Rubina Rai, and our new Kitchen Assistant - Om Saru, who have all recently joined our amazing team at Holly Lodge and have quickly become valued members!



A big thank you to our Nurses for their hard work, dedication, and continuous high standard of care they provide to our residents



Staff Spotlight Nurse Florence Jumoke Ojo is a valuable member of the team at Holly Lodge. She graduated in 1995 from the College of Nursing Ilorin, in Kwara State, Nigeria. After her graduation, Florence worked in various hospitals in Nigeria which included Orire Hospital complex, St Gregory hospital and State hospital from 1996 until 1998. In December 1998, Florence travelled to the Seychelles and worked at Victoria hospital Mahe until 2002. She then moved to England and worked at Harts Leap Care Centre.

Florence joined the team at Holly Lodge in May 2008. She loves her job which is fulfilling because she "alleviates residents' pain, keeps them comfortable and puts smiles on their faces". In her spare time, Florence loves to cook, read, listen to music and going out for walks. She enjoys athletics and her favourite sport is football. She loves travelling and has been to many countries in Europe and a few in Africa. She can speak two of the major languages in Africa, and three languages in Nigeria.





Easy Summer Strawberry Trifle

Ingredients:

- 3 punnets strawberries
- 2 ready-made jam-filled Swiss rolls
- 1/3 cup sherry or fruit juice
- 400 gram can of summer fruits in syrup
- 500 ml ready-made vanilla custard
- 300 ml softly whipped cream

Method:

1. Wash and hull 3/4 of the strawberries (leave a few with the hull in place for decoration).
2. Halve the hulled strawberries and set aside. Slice the Swiss rolls in half longwise, then into 1cm slices.
3. Line the base of a trifle bowl with 1/3 of the Swiss roll slices, arranging the pieces around the side in a pattern. How you do this will be determined by the shape of the trifle bowl. For one with straight sides, cutting the Swiss roll slices in half allows you to show off the layers. For a rounder dish, whole slices will display the pretty swirls to great effect.
4. Drizzle the Swiss roll with 1/3 of the sherry or juice and then spoon in 1/3 of the canned summer fruits in syrup. Add 1/3 of the chopped strawberries, 1/3 of the custard and 1/3 of the whipped cream.
5. Repeat with 2 more layers of Swiss roll, sherry/ juice, summer fruits in syrup, strawberries, custard and cream, finishing with cream.
6. Halve the reserved strawberries and use to decorate the top. Chill for 3-4 hours or overnight.



Review score on [carehome.co.uk](https://www.carehome.co.uk)

Feedback Corner

"The staff are just wonderful, they care for Dad's physical needs and his mental wellbeing. Some staff members have friendly banter with Dad which brightens his day. The management team of this care home should be commended for the efficient and caring way the home is operated".

"The staff could not have been more understanding and accommodating, it was a breath of fresh air...They treated my mother with the utmost respect and care. It made both my mother's end of life journey and my family's stress and grief so much more bearable and easier to have to go through. I will forever be grateful for their professionalism, care and understanding. I cannot recommend the team highly enough."

"Very professional and caring staff. The accommodations are first class. Made mum feel welcome and happy as she was able to spend her last months in a comfortable and tranquil environment and precious time with her sister (also a resident)."

"Although I miss her terribly it is reassuring to see her so happy."

Holly Lodge Honey

Created in our very own gardens...and it tastes delicious! (Available from August 2022).



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Holly Lodge

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