



OAK LODGE

FOREST CARE

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# Sample Breakfast Menu

## Your choice of Cereals

Cornflakes, Frosties, Rice Krispies, Fruit & Fibre, Weetabix or Muesli.

## Fruit of your choice

Prepared Fresh Fruit, Grapefruit, Prunes or Bananas

## Porridge

Served with Honey, Sultanas, Jam or Topping of your choice

## A Full English Breakfast

Grilled Bacon, Eggs - Fried, Boiled, Poached or Scrambled  
Grilled Sausage, Tomato, Mushrooms, Baked Beans

## Filled Roll of your choice

Bacon, Bacon & Egg or Sausage  
Poached or Grilled Kippers

## Toast & Preserves

Sliced white or brown with fruit jams, marmalade or marmite, flora or butter

## Beverages

Fruit juice, tea, coffee or hot chocolate

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At Forest Care we strive to create a **luxury dining experience** for each of our residents and relatives. If you would like a private dining space for a special occasion, please speak to the office team who'd be delighted to accommodate your needs.

If you have specific allergy or dietary requirements, please make our chefs aware who will ensure food served is suitable for your needs.



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# Sample Lunch & Supper Menu

## Lunch Menu

Our Daily Lunch Menu will include one Meat and one Vegetarian Option:

Hunter Chicken

served with creamy mashed potato and seasonal vegetables

Vegetable Kiev

served with crispy oven roasted potatoes and seasonal vegetables

## Dessert

Sticky Toffee Pudding

served with vanilla custard

Freshly chopped seasonal fruit, Ice cream or Yogurt

## Supper Menu

Soup of the Day

Choice of Sandwiches

Avocado and Smoked Salmon Salad

Lemon Roulade

## Beverages

Your Choice of

Selection of Fruit Juices

Tea and Coffee

Red Wine or White Wine

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