



OAK LODGE
FOREST CARE

Sample Breakfast Menu

Your choice of Cereals

Cornflakes, Frosties, Rice Krispies, Fruit & Fibre, Weetabix or Muesli.

Fruit of your choice

Prepared Fresh Fruit, Grapefruit, Prunes or Bananas

Porridge

Served with Honey, Sultanas, Jam or Topping of your choice

A Full English Breakfast

Grilled Bacon, Eggs - Fried, Boiled, Poached or Scrambled
Grilled Sausage, Tomato, Mushrooms, Baked Beans

Filled Roll of your choice

Bacon, Bacon & Egg or Sausage
Poached or Grilled Kippers

Toast & Preserves

Sliced white or brown with fruit jams, marmalade or marmite, flora or butter

Beverages

Fruit juice, tea, coffee or hot chocolate

At Forest Care we strive to create a **luxury dining experience** for each of our residents and relatives. If you would like a private dining space for a special occasion, please speak to the office team who will be delighted to accommodate your needs.

If you have specific allergy or dietary requirements, please make our chefs aware who will ensure food served is suitable for your needs.



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Sample Lunch & Supper Menu

Lunch Menu

Our Daily Lunch Menu will include one Meat and one Vegetarian Option:

Hunter's Chicken

served with creamy mashed potato and seasonal vegetables

Vegetable Kiev

served with crispy oven roasted potatoes and seasonal vegetables

Dessert

Sticky Toffee Pudding

served with vanilla custard

Freshly chopped seasonal fruit, Ice cream or Yogurt

Supper Menu

Soup of the Day

Choice of Sandwiches

Avocado and Smoked Salmon Salad

Lemon Roulade

Beverages

Your Choice of

Selection of Fruit Juices

Tea and Coffee

Red Wine or White Wine

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